

River Valley Athletic Club Gym Schedule

MONDAY	5:30 am - 9:30 am Adult Open Gym	9:30 am - 10:00 am Fit Kids Class	10:00 am - 7:00 pm Family Basketball	7:00 pm - 10:00 pm Adult Basketball
TUESDAY	5:30 am - 9:15 am Adult Open Gym	9:15 am - Noon Open Gym	Noon - 7:00 pm Open Basketball	7:00 pm - 10:00 pm Adult Volleyball
WEDNESDAY	5:30 am - 9:30 am Adult Open Gym	9:30 am - 10:00 am Fit Kids Class	10:00 am - 7:00 pm Family Basketball	7:00 pm - 10:00 pm Adult Basketball
THURSDAY	5:30 am - 9:00 am Adult Open Gym	9:00 am - Noon Open Gym	Noon - 7:00 pm Open Basketball	7:00 pm - 10:00 pm Adult Basketball
FRIDAY	5:30 am - 9:00 am Adult Open Gym	9:00 am - Noon Open Gym	Noon - 7:00 pm Family Basketball	7:00 pm - 10:00 pm Adult Basketball
SATURDAY	7:00 am - Noon Family Open Gym	Noon - 3:30 pm Birthday Parties* (if scheduled)	3:30 pm - 8:30 pm Open Gym	
SUNDAY	7:00 am - Noon Family Open Gym	Noon - 6:00 pm Family Open Gym	6:00 pm - 8:30 pm Adult Open Gym	

* Call the front desk at 651-439-7611 to check if gym is reserved for a birthday party on Saturdays