

River Valley Athletic Club & Spa

...a special place just for you!



Hair Care

Shampoo & Style	\$12 and up
Haircut & light finish	\$26 and up
Men's (includes shampoo)	\$18 and up
Kid's cut	\$15 and up
Perm & haircut (includes style)	\$65 and up
Perm without haircut	\$55 and up
Color without haircut	\$45 and up
Color with haircut	\$55 and up
Color with foil	\$2 a foil
Foil with haircut	\$80 and up
Partial foil with haircut	\$60 and up
Foil no haircut	\$70 and up
Partial foil no haircut	\$50 and up
Up Do's	\$45 and up

Long hair requires consultation and may have an extra charge



Nail Care

Spa Manicure	\$25
Spa Pedicure	\$55
Polish Change - hands	\$18
Polish Change - feet	\$35
Full Set Gel Nails	\$65
Gel Fill - pink/white	\$55
Gel Fill - clear	\$45

River Valley Athletic Club & Spa
1826 Northwestern Avenue
Stillwater
651-439-7611

www.rivervalleyathleticclub.com



Your Best Face

Teen Facial (45 min)	\$25
European Facial (1 hour)	\$55
Floracide Facial (1 hour 15 min)	\$70
Floracide Peel (1/2 hour)	\$25
Series of six Floracide Peels	\$140

Customized treatments can be added to any facial for an additional cost

Waxing*

Eye Brows	\$12
Lip, Chin, Cheek, Neck, Hairline (each)	\$12
Face (includes all above)	\$25
Underarm	\$20
Half Arm	\$20
Full Arm	\$30
Bikini Wax	\$25
Half Leg	\$30
Full Leg	\$50
Chest	\$25
Back	\$30

*Prices start at price listed

Tinting

Eye Brow Tinting	\$15
Eye Lash Tinting	\$15



Appointments available :
Monday thru Saturday
Childcare available on site

Please see backside for massage options!

River Valley Athletic Club & Spa



a special place just for you!



*Massage services provided by
Certified Massage Therapists:
Linda Nobis and Karen Ziemer*

Menu of Massage services

<i>30 minute Swedish Massage</i>	<i>\$40</i>
<i>60 minute Swedish Massage</i>	<i>\$65</i>
<i>90 minute Swedish Massage</i>	<i>\$95</i>
<i>30 minute Deep Tissue Massage</i>	<i>\$50</i>
<i>60 minute Deep Tissue Massage</i>	<i>\$75</i>
<i>90 minute Deep Tissue Massage</i>	<i>\$105</i>
<i>30 minute Sports Massage</i>	<i>\$40</i>
<i>60 minute Sports Massage</i>	<i>\$65</i>
<i>90 minute Sports Massage</i>	<i>\$95</i>
<i>*60 minute LaStone Therapeutic Massage</i>	<i>\$85</i>
<i>Reiki Session</i>	<i>\$65</i>
<i>*Linda only</i>	



Scheduled hours Monday thru Saturday, or by appointment



*River Valley Athletic Club & Spa
1826 Northwestern Avenue
Stillwater
651-439-7611
www.rivervalleyathleticclub.com*



Prices include tax

Payment by check or cash